

# PEAK AND FELL WALKING

## WALKING LOG

as at 12th April 2008

### WALKS 2008

Date	Description	Peaks	Start Point	Miles	Walk Time	Total Ascent
29th March 2008	<b>Kipling Kaper</b>	1	Meerbrook Village Hall	21.60	7hrs 36min	1,090 metres
24th March 2008	<b>The Roaches</b>	3	Roadside near Rockhall	8.80	3hrs 30min	570 metres
10th March 2008	<b>Greenburn Horseshoe</b>	4	Ghyll Foot	6.35	3hrs 40min	680 metres
9th March 2008	<b>Loweswater Fells</b>	6	Maggies Bridge	11.00	5hrs 05min	1,250 metres
24th February 2008	<b>High Peak Trail</b>	0	High Peak Junction	18.80	7hrs 35min	615 metres
16th February 2008	<b>Calwich &amp; Okeover</b>	0	Snelston Village	11.80	3hrs 55min	395 metres
9th February 2008	<b>Win Hill &amp; Crook Hill</b>	2	Heatherdene Car Park	10.00	3hrs 50min	660 metres
6th February 2008	<b>Ashbourne Shrovetide 2008</b>	0	Shaw Croft Car Park	N/a	N/a	N/a
26th January 2008	<b>Dovedale Approach</b>	1	Mappleton Lane Car Park	8.80	3hrs 00min	400 metres
12th January 2008	<b>Down'ards Walk</b>	0	Cockayne Car Park	11.90	4hrs 00min	275 metres

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Date	Description	Peaks	Start Point	Miles	Walk Time	Total Ascent
30th December 2007	<b>Teggs Nose &amp; White Nancy</b>	1	Teggs Nose Country Park	8.50	2hrs 55min	485 metres
1st December 2007	<b>Markeaton &amp; Mackworth</b>	0	Markeaton Park	7.40	2hrs 25min	140 metres
17th November 2007	<b>Sturston &amp; Moored</b>	0	Ashbourne	7.35	2hrs 27min	170 metres
11th November 2007	<b>Shirley</b>	0	Osmaston Village	5.20	1hrs 44min	144 metres
28th October 2007	<b>Stanage Edge</b>	1	Dennis Knoll Car Park	6.75	2hrs 43min	325 metres
27th October 2007	<b>Kinder Scout</b>	1	Edale Car Park	9.50	4hrs 20min	560 metres
21st October 2007	<b>Herefordshire Beacon</b>	1	British Camp Car Park	1.35	0hrs 40min	130 metres
21st October 2007	<b>Slimbridge</b>	0	Slimbridge	3.00	1hrs 30min	20 metres
20th October 2007	<b>Westonbirt</b>	0	Westonbirt Arboretum	5.00	2hrs 30min	80 metres
14th October 2007	<b>Hope Moors &amp; Tors</b>	5	Hope College	20.50	7hrs 55min	1,278 metres
30th September 2007	<b>Axe Edge</b>	1	Flash Village	9.63	3hrs 30min	452 metres
15th September 2007	<b>Black Edge</b>	2	Corbar Road Buxton	9.83	3hrs 48min	475 metres
23rd August 2007	<b>Blencathra</b>	1	Scales A66 Layby	7.67	3hrs 35min	903 metres
20th August 2007	<b>Gaping Gill / Ingleboro</b>	1	Clapham Village	10.40	4hrs 55min	690 metres
11th August 2007	<b>Honister Via Ferrata</b>	0	Honister Slate Mine	2.00	1hrs 45min	314 metres
10th August 2007	<b>Coniston Round</b>	7	Coniston Village	11.65	5hrs 16min	1,142 metres
5th August 2007	<b>Dovedale Dipper</b>	0	Hartington Village Hall	26.20	8hrs 37min	1,210 metres
24th July 2007	<b>Carneddau (Western)</b>	6	A5 East of Llyn Ogwen	14.75	6hrs 52min	1,515 metres
7th July 2007	<b>White Peak Walk</b>	0	Monyash Village	26.50	8hrs 12min	1,180 metres
6th July 2007	<b>Ladybower</b>	0	Fairholmes	8.23	2hrs 45min	450 metres
27th June 2007	<b>Simons Seat</b>	1	Barden Bridge	11.34	3hrs 37min	623 metres
14th June 2007	<b>Sugar Loaf</b>	1	Llangenny Village	6.03	2hrs 03min	515 metres
12th June 2007	<b>Pen y Fan</b>	5	Taf Fechan Forest CP	10.56	4hrs 09min	925 metres
30th May 2007	<b>Glaramara</b>	2	Seatoller NT Car Park	10.55	4hrs 50min	1,150 metres
20th May 2007	<b>Tissington</b>	1	Narlows Lane CP Thorpe	6.05	2hrs 00min	385 metres
5th May 2007	<b>Malhamdale Meander</b>	1	Kirkby Malham	22.70	7hrs 12min	1,090 metres
28th April 2007	<b>Bleaklow Head</b>	1	Woodhead Tunnel CP	11.20	4hrs 20min	610 metres
14th April 2007	<b>Black Hill</b>	2	Crowden	10.15	3hrs 50min	560 metres
8th April 2007	<b>Clifton</b>	0	Snelston	5.52	1hrs 48min	190 metres
3rd April 2007	<b>Newlands Fells</b>	6	Little Town	10.78	4hrs 44min	1,252 metres
31st March 2007	<b>Bunster Hill</b>	1	Ilam Village	2.85	1hrs 10min	275 metres
31st March 2007	<b>Musden</b>	1	Ilam Village	7.39	2hrs 45min	367 metres
17th March 2007	<b>Rainster &amp; Harborough</b>	2	Middleton Top	10.29	3hrs 23min	630 metres
3rd March 2007	<b>Cromford Heights</b>	1	Middleton Top	11.17	4hrs 15min	629 metres
14th February 2007	<b>Cnicht &amp; Moelwyns</b>	7	Croesor Village	10.53	5hrs 02min	1,142 metres
3rd February 2007	<b>Howden Edge</b>	2	Kings Tree	14.24	5hrs 10min	780 metres
14th January 2007	<b>Hathersage Moor</b>	4	Surprise View	9.15	3hrs 28min	475 metres

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Date	Description	Peaks	Start Point	Miles	Walking Time	Total Ascent
16th December 2006	<b>Robin Hoods Stride</b>	2	Near Robin Hoods Stride	6.59	2hrs 12min	324 metres
2nd December 2006	<b>Five Wells</b>	1	Chelmorton	7.98	2hrs 42min	331 metres
19th November 2006	<b>Wensleydale Wedge</b>	1	Askrigg Village Hall	23.00	8hrs 25min	890 metres
4th November 2006	<b>Mow Cop</b>	1	Mow Cop Castle	7.30	2hrs 21min	285 metres
29th October 2006	<b>Chatsworth Stride</b>	0	Calton Lees CP	9.15	3hrs 10min	300 metres
21st October 2006	<b>Alstonefield</b>	1	Alstonefield Village	5.60	1hrs 56min	281 metres
7th October 2006	<b>Dovestone</b>	1	Dovestone Reservoir CP	9.60	3hrs 16min	616 metres
21st September 2006	<b>Gowbarrow Fell</b>	1	Dockray	2.25	1hrs 05min	234 metres
21st September 2006	<b>Knott Rigg</b>	1	Newlands Hause	1.65	0hrs 50min	223 metres
19th September 2006	<b>Helvellyn</b>	4	Glenridding	10.05	4hrs 45min	998 metres
18th September 2006	<b>Ingleton Waterfalls</b>	0	Ingleton Village	4.00	1hrs 50min	295 metres
13th September 2006	<b>Malham &amp; Gordale</b>	0	Malham	4.77	2hrs 06min	204 metres
10th September 2006	<b>Chatsworth Challenge</b>	0	Baslow Village Hall	25.40	8hrs 35min	1,286 metres
28th August 2006	<b>Revidge</b>	1	Warslow Village	3.03	1hrs 15min	115 metres
28th August 2006	<b>MorrIDGE</b>	2	Rey Viewpoint	5.40	1hrs 58min	293 metres
15th August 2006	<b>Kentmere Horseshoe</b>	9	Kentmere Village	13.25	5hrs 21min	1,159 metres
12th August 2006	<b>Hayfield</b>	3	Bowden Bridge Car Park	10.50	3hrs 45min	848 metres
15th July 2006	<b>Hollington</b>	0	Brailsford Church	6.25	2hrs 14min	114 metres
8th July 2006	<b>White Peak Walk</b>	0	Monyash Village	26.69	8hrs 35min	1,180 metres
1st July 2006	<b>Eyam</b>	1	Eyam Car Park	11.84	4hrs 03min	562 metres
17th June 2006	<b>White Edge</b>	1	Baslow Village	13.23	4hrs 39min	535 metres
11th June 2006	<b>Monks Dale</b>	0	Tideswell Dale Car Park	11.96	4hrs 12min	575 metres
2nd June 2006	<b>Tryfan</b>	1	Llyn Ogwen	3.50	3hrs 30min	650 metres
28th May 2006	<b>Tissington</b>	2	Narlows Lane Car Park	14.76	5hrs 20min	871 metres
5th May 2006	<b>Chatsworth Estate</b>	0	Calton Lees Car Park	13.32	4hrs 10min	430 metres
28th April 2006	<b>Yewbarrow &amp; Haycock</b>	5	Overbeck Car Park	9.22	4hrs 41min	1,503 metres
27th April 2006	<b>Scafell Pike</b>	2	Wasdale Head	7.65	3hrs 57min	1,035 metres
26th April 2006	<b>Great Gable</b>	1	Wasdale Head	6.60	3hrs 26min	911 metres
22nd April 2006	<b>Thors Cave &amp; Ecton Hill</b>	1	Wetton Village	10.82	3hrs 43min	421 metres
14th April 2006	<b>Fairbrook &amp; Snake Path</b>	1	Birchen Clough Car Park	10.54	4hrs 13min	583 metres
1st April 2006	<b>Chee Dale, Chelmorton</b>	0	Wyedale Car Park	10.80	4hrs 20min	526 metres
29th March 2006	<b>Stanton Moor</b>	1	Winster Village	6.42	2hrs 20min	325 metres
22nd March 2006	<b>Alport Castles</b>	1	Fairholmes Car Park	14.25	4hrs 54min	932 metres
28th February 2006	<b>Win Hill &amp; Great Ridge</b>	4	Castleton Main Car Park	12.15	4hrs 33min	1,084 metres
21st February 2006	<b>Harborough Rocks</b>	1	Sheepwash CP Carsington	6.83	2hrs 26min	372 metres
15th February 2006	<b>Weaver Hills</b>	1	Manifold CP Waterhouses	10.35	3hrs 03min	267 metres
8th February 2006	<b>Stanage Edge</b>	3	Hathersage	10.71	3hrs 52min	590 metres
5th February 2006	<b>Roystone Grange</b>	0	Minninglow Car Park	6.24	1hrs 54min	116 metres
28th January 2006	<b>Kinder Edges</b>	4	Edale Car Park	8.95	3hrs 17min	724 metres
11th January 2006	<b>Shutlingsloe</b>	1	Wildboardclough	8.20	3hrs 05min	590 metres
4th January 2006	<b>Dragons Back</b>	3	Longnor	9.16	3hrs 38min	760 metres

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Date	Description	Peaks	Start Point	Miles	Walking Time	Total Ascent
28th December 2005	<b>Osmaston</b>	0	Home	5.21	1hrs 35min	78 metres
19th December 2005	<b>Pilsbury Castle</b>	0	Hartington	9.68	3hrs 21min	326 metres
12th December 2005	<b>Bleaklow</b>	2	Old Glossop	12.46	4hrs 18min	623 metres
6th December 2005	<b>Lathkill Dale</b>	0	Over Haddon	8.16	2hrs 42min	374 metres
29th November 2005	<b>Magpie Mine</b>	0	Ashford in the Water	6.56	2hrs 22min	235 metres
23rd November 2005	<b>Biggin Trail</b>	0	Alsop Station Car Park	10.45	3hrs 05min	169 metres
16th November 2005	<b>Snelston</b>	0	Snelston Village	6.90	2hrs 06min	137 metres
13th November 2005	<b>Osmaston</b>	0	Osmaston Village	3.85	0hrs 57min	57 metres
29th October 2005	<b>Bleaberry Fell</b>	2	Keswick Moot Hall	8.96	3hrs 36min	650 metres
20th October 2005	<b>Ben Lomond</b>	1	Rowardennan Car Park	7.30	3hrs 15min	1,006 metres
9th October 2005	<b>Roaches/Luds Church</b>	2	Rockhall Cottage Car Park	8.14	2hrs 50min	510 metres
24th September 2005	<b>Derwent Edge</b>	4	Fairholmes Car Park	8.45	2hrs 41min	418 metres
21st September 2005	<b>Yewbarrow</b>	1	Overbeck Bridge Wasdale	4.28	2hrs 18min	575 metres
18th September 2005	<b>Stanage Edge</b>	1	Dennis Knoll Car Park	4.85	1hrs 48min	240 metres
19th August 2005	<b>Mosedale Horseshoe</b>	4	Wasdale Head	11.90	5hrs 27min	1,316 metres
18th August 2005	<b>High Street</b>	6	Hartsop	9.58	4hrs 01min	979 metres
13th August 2005	<b>Cnicht</b>	1	Croesor	3.89	2hrs 01min	573 metres
12th August 2005	<b>Glyders</b>	2	Idwal Cottage	6.13	3hrs 20min	968 metres
5th August 2005	<b>Helvellyn</b>	5	Swirls Car Park Thirlmere	9.15	4hrs 08min	1,187 metres
22nd July 2005	<b>High Raise</b>	2	Grasmere Village	11.02	4hrs 48min	744 metres
9th July 2005	<b>White Peak Walk</b>	0	Monyash Derbyshire	26.50	9hrs 25min	1,075 metres
30th June 2005	<b>Ilgill Head</b>	2	Wasdale Head	10.00	3hrs 45min	630 metres
21st June 2005	<b>Ben Lawers</b>	3	Ben Lawers Visitor Centre	8.48	3hrs 42min	1,240 metres
9th June 2005	<b>Coledale Horseshoe</b>	5	Braithwaite	11.40	5hrs 04min	1,301 metres
8th June 2005	<b>Scafell Pike</b>	6	Wasdale Head	11.76	5hrs 37min	1,316 metres
15th May 2005	<b>Tissington/Parwich</b>	0	Tissington Village Derbys	8.34	2hrs 16min	258 metres
11th May 2005	<b>Scafell</b>	2	Brotherikeld Farm Eskdale	10.13	4hrs 20min	969 metres
29th April 2005	<b>Skiddaw</b>	5	High Side Bassenthwaite	8.98	3hrs 25min	1,006 metres
21st April 2005	<b>Grasmoor</b>	3	Buttermere Village	11.10	4hrs 12min	970 metres
8th April 2005	<b>Great Gable</b>	4	Honister Slate Mine	6.06	2hrs 51min	730 metres
2nd April 2005	<b>Thors Cave</b>	0	Wetton	4.50	2hrs 10min	180 metres
24th March 2005	<b>Stonehenge</b>	0	Stonehenge	1.00	0hrs 30min	20 metres
13th March 2005	<b>Shining Tor</b>	1	Goyt Valley Derbyshire	6.15	2hrs 01min	304 metres
4th March 2005	<b>Coniston Old Man</b>	3	Coniston Village	8.13	3hrs 50min	993 metres
25th February 2005	<b>Kirk Fell</b>	0	Wasdale Head	4.71	1hrs 53min	486 metres
10th February 2005	<b>High Street</b>	3	Mardale Head Car Park	6.67	2hrs 54min	680 metres
28th January 2005	<b>High Stile</b>	3	Buttermere Village	10.31	4hrs 26min	834 metres

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Date	Description	Peaks	Start Point	Miles	Walking Time	Total Ascent
19th November 2004	<b>Snowdon</b>	1	Pen-y-Pass	7.40	3hrs 13min	699 metres
14th November 2004	<b>Kinder Scout</b>	1	Edale Derbyshire	6.79	2hrs 40min	570 metres
10th November 2004	<b>Oxendale Round</b>	3	Old Dungeon Ghyll Hotel	11.96	5hrs 54min	1,250 metres
3rd October 2004	<b>Carsington Reservoir</b>	0	Hopton Derbyshire	8.13	2hrs 28min	204 metres
24th September 2004	<b>Helvellyn</b>	4	Glenridding	11.39	5hrs 20min	985 metres
23rd September 2004	<b>Newlands Horseshoe</b>	5	Hawes End Car Park	10.65	4hrs 23min	1,128 metres
15th September 2004	<b>Cadair Idris</b>	1	Minffordd Car Park	6.15	3hrs 00min	875 metres
9th September 2004	<b>Scafell Pike</b>	3	Wasdale Head	9.24	4hrs 18min	1,050 metres
8th September 2004	<b>Mosedale Horseshoe</b>	3	Wasdale Head	11.89	5hrs 15min	1,073 metres
30th August 2004	<b>Kinder Low &amp; Downfall</b>	1	Hayfield Derbyshire	8.00	3hrs 50min	425 metres
29th July 2004	<b>Fairfield Horseshoe</b>	8	Ambleside	12.00	5hrs 45min	1,050 metres
28th July 2004	<b>Helvellyn</b>	3	Glenridding	9.50	4hrs 30min	950 metres
8th July 2004	<b>Sgurr Finnisg-aig</b>	2	Glen Nevis Ski Centre	1.50	0hrs 45min	80 metres
7th July 2004	<b>Ben Nevis</b>	1	Achintee House	10.00	4hrs 45min	1,348 metres
6th July 2004	<b>Glen Nevis &amp; An Steall</b>	0	Glen Nevis Car Park	1.90	1hrs 00min	75 metres
6th June 2004	<b>Thorpe Cloud</b>	1	Dovedale Car Park	3.00	1hrs 30min	170 metres
6th May 2004	<b>Green Gable</b>	0	Wasdale Head	6.75	3hrs 40min	675 metres
5th May 2004	<b>Haystacks</b>	2	Gatesgarth	5.25	3hrs 00min	700 metres
5th May 2004	<b>Scale Force</b>	0	Buttermere	3.75	2hrs 00min	140 metres
4th May 2004	<b>Honister Pass</b>	0	Honister	1.00	0hrs 45min	110 metres
12th April 2004	<b>The Great Ridge</b>	3	Edale Station Car Park	8.75	3hrs 50min	500 metres
5th March 2004	<b>Grindsbrook</b>	0	Edale Station Car Park	3.00	2hrs 00min	200 metres
18th January 2004	<b>Dragons Back</b>	0	Earl Sterndale Village	5.00	2hrs 05min	250 metres

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Date	Description	Peaks	Start Point	Miles	Walking Time	Total Ascent
29th December 2003	<b>Higger Tor</b>	2	Longshaw Estate Car Park	6.25	3hrs 15min	375 metres
19th October 2003	<b>Dovedale</b>	0	Hartington Village	9.00	3hrs 30min	100 metres
1st September 2003	<b>Ben Nevis</b>	1	Achintee House	10.00	4hrs 45min	1,348 metres
21st August 2003	<b>Ben Nevis</b>	0	Achintee House	3.12	1hrs 45min	500 metres
10th August 2003	<b>Milldale</b>	0	Milldale Village Car Park	5.00	2hrs 00min	100 metres
3rd August 2003	<b>Wolfscote Dale</b>	0	Hartington Village	5.50	1hrs 55min	230 metres
12th June 2003	<b>Harrison Stickle</b>	3	New Dungeon Ghyll Hotel	5.00	2hrs 45min	810 metres
11th June 2003	<b>Scafell Pike</b>	1	Wasdale Head	8.25	4hrs 15min	975 metres
5th May 2003	<b>Dovedale/Milldale</b>	0	Thorpe Cloud Car Park	8.00	3hrs 30min	275 metres
13th April 2003	<b>Osmaston</b>	0	Osmaston Village	3.85	1hrs 40min	60 metres
16th March 2003	<b>Bleaklow/Fairbrook</b>	0	Doctors Gate/Snake Inn	7.00	3hrs 00min	450 metres

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29th September 2002	<b>Roaches</b>	1	Rockhall Cottage Car Park	3.90	1hrs 45min	300 metres
22nd September 2002	<b>Kinder Scout</b>	1	Barber Booth	7.50	3hrs 15min	500 metres
12th September 2002	<b>Aira Force</b>	0	Aira Force Ullswater	1.25	1hrs 00min	80 metres
11th September 2002	<b>Harrison Stickle</b>	3	New Dungeon Ghyll Hotel	5.00	2hrs 50min	810 metres
20th June 2002	<b>Loughrigg Fell</b>	1	Elterwater Village	5.25	3hrs 10min	320 metres
19th June 2002	<b>Wasdale Head</b>	0	Wasdale Head	4.00	2hrs 00min	400 metres
2nd June 2002	<b>Osmaston</b>	0	Osmaston Village	3.50	1hrs 30min	65 metres